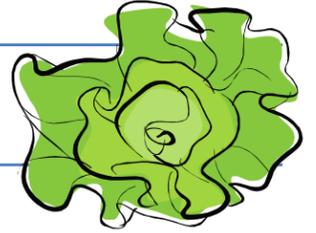


Lettuce Grow!



FREE Film Series at NIC Campbell River Campus

March 15th to April 20th, 2012

Did you know that Campbell River produces less than 1% of its own food? The City's Agriculture Plan addresses this, and the goal is for Campbell River to produce 10% of its own food supply by 2031.

Join us for a FREE series of films on urban gardening, farming and food security. Learn about the City's Agriculture Plan, talk to local experts and discuss current issues around food and agriculture.

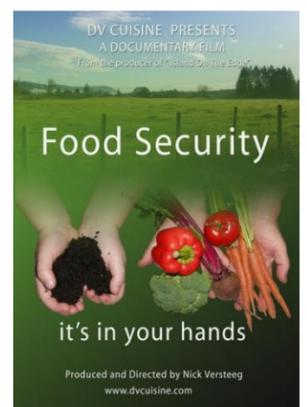
Free to anyone who wishes to attend. For information on how to book your seat call 250-923-9750 or visit www.nic.bc.ca/continuingeducation. This series is an excellent combination with the course *Lettuce Grow: Backyard Gardening & Small-Scale Agriculture* – see below!

Food Security; it's in Your Hands

Thursday, March 15th, 2012: 7:45 p.m.

Hear from a panel of experts after the movie including Morgan Ostler, Chair of the City of Campbell River's Agriculture Plan Committee and Ross Blackwell, City of Campbell River Land Use Manager, a local farmer, and the film maker: Nick Versteeg.

This documentary features food producers and farmers of Vancouver Island and their struggle to provide a continuous, healthy food supply for Island residents. We learn how the film maker was inspired by local farmers in the creation of his own hobby farm, "The Laughing Geese" (70 minutes).



The Power of Community: How Cuba Survived Peak Oil

Thursday, March 29th, 2012: 7:45 p.m.

Chelsea Holley will speak after the film about Campbell River's Community Gardens and how we all might work together to create more garden space in our fair city.

This film tells of the hardships and struggles as well as the community and creativity of the Cuban people when the Soviet Union collapsed in 1990. Cubans share how they transitioned from a highly mechanized, industrial agricultural system to one using organic methods of farming and local, urban gardens (53 minutes; subtitled).

To Make a Farm

Thursday, April 12th, 2012: 7:45

Kira DeSorcy, an inspiring local young farmer, horticulture technician and permaculture designer will speak about her farming experiences after the film.

This Canadian film explores the lives of five young people who have decided to become small-scale farmers, despite having no backgrounds in this demanding profession. They face daily challenges and set-backs, but their optimism inspires hope for the future (80 minutes).



The World According to Monsanto

Friday, April 20th, 2012: 7:45 p.m.

A local food expert will be on hand to discuss healthy food choices.

This documentary pieces together the story of Monsanto, a century-old corporation with a controversial past and today's leader in genetically modified crops. Monsanto claims it wants to solve world hunger and protect the environment, but its quest for market supremacy is to the detriment of global food security and environmental stability (114 minutes).

Backyard Gardening & Small-Scale Agriculture Course

A gardening course for the green at heart is coming to Campbell River!

May 10 - May 19th, 2012

★★★★★
Only \$95
★★★★★

- ❖ Do you want to save money on your grocery bills?
- ❖ Are you concerned about eating healthily?

Small scale agriculture can describe anything from a box at the kitchen window to a big spread in the back yard to a plot in a community garden. By starting your own garden you will gain a sense of self-reliance and take the first step in making us more food secure in our beautiful Island city. Growing some of your own food is easy, and we will show you some simple, cost-effective ways to increase your family's bounty. This course is for all skill levels and runs on 2 Thursday evenings and 2 Saturdays.



Instructor Bio

Kira DeSorcy is a horticulture technician, permaculture designer, and the garden manager at BlueJay Lake Farm on Cortes Island. She co-owned and ran a small-scale local organic farming business in Campbell River in 2011, and has worked on various other organic farms. She currently does edible landscape design, and particularly enjoys creating community and school gardens.

Register online at www.nic.bc.ca/continuingeducation. For further info call 250-923-9750.